

# The Boulevard Beat

A MONTHLY NEWSLETTER FROM SBS - OCTOBER 2019 EDITION

## THE PRINCIPAL'S PLACE

As we near the end of October, we are grateful for the many beautiful days we were able to get outside for recess. In an attempt to make recess more fun for students, we've added a few activities. For example, we now have two basketball hoops that are accessible to young children. We've added chalk drawing on the blacktop to our array of things to do during recess and we are also using our upper field for pickup soccer games. Additionally, I would like to thank the PTO for sponsoring the Mileage Club. Many of our students participated and I'd like to give a shoutout to our first graders who ran the most laps.

We are looking forward to Halloween on Thursday. Please review the [2019 Halloween Parent Letter](#) for the particulars related to our parade.

Beginning November 4th, SBS launches HOPE Week with our "Care Corners." Below is a description of each corner. Please consider discussing them with your child and considering where you might donate.

During the week of November 18th, SBS students will participate in grade level projects that will benefit others. We look forward to creating these projects for our community and bringing joy to others.

Enjoy the long weekend next week.

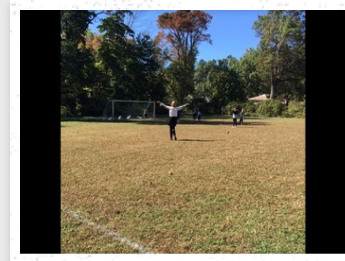
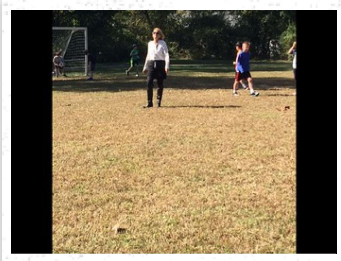
Kathleen O'Connor

### CARE CORNERS

- 1) Jersey Battered Women's Services (Morristown, NJ) - MITTEN TREE- collecting new hats, gloves, and scarves for Women and Children. This organization provides safe havens for mother's and children, and has a real need for cold weather items.
- 2) Christmas is for Children - holiday themed non-perishables will be collected and created into Holiday baskets that will be delivered to low income communities.
- 3) National Crayon Recycle Program - DONATE USED CRAYONS - This recycling initiative has made it possible to stop more than 118,000 lbs of unwanted crayons from going into landfills, instead creating NEW crayons from them!

4) Color a Smile - students will draw a picture and return to Care Corner. All pictures will be mailed all over the country to senior citizens/troops overseas/others that need a smile put on their face.

5) The Humane Society Coin Drive - All coins collected will help rescue and care for tens of thousands of animals worldwide that have been displaced due to natural disasters. The HSUS provides direct care for thousands of animals at sanctuaries, rescue facilities, wildlife rehab centers, and mobile veterinary clinics.



## THE NURSE'S NOOK

It's not just for me....

It's for my elderly parents.

It's for my newborn neighbor.

It's for all of the grandparents that live with our students.

It's for my friends who are undergoing chemotherapy treatments.

It's for the strangers I pass in the grocery store aisles who I can't name, but who may be susceptible to severe complications from common diseases.

Every year, I get a flu shot.

And it's not just for me.

It's for the community that surrounds me and the community I serve.

....Has your family had their flu shots yet?



## COUNSELING CONNECTION

Dear Parents,

It's that time of year again when I start my small groups.

**Buddy Group (friendship/social skills):** Friendship groups are intended for students who need or would like to work on strengthening their friendship skills. Groups will focus on acknowledging and strengthening the friendship qualities we have to offer others, how to

connect and communicate with others, building friendly behaviors and dealing with friendship problems.

**Butterflies (anxiety and stress):** This group is intended for students who need extra support to learn how to manage their anxiety. The group will explore the triggers of anxiety, the body/mind connection, and build skills to handle that area more effectively, such as relaxation skills, mindfulness strategies, and self-talk.

**Zones (emotional regulation)** - This group is intended for students who need the small group to learn how to regulate their intense emotions, such as anger, impulsivity, etc. The group will explore the triggers that spike the emotions and learn how to use effective coping skills using the Zones curriculum.

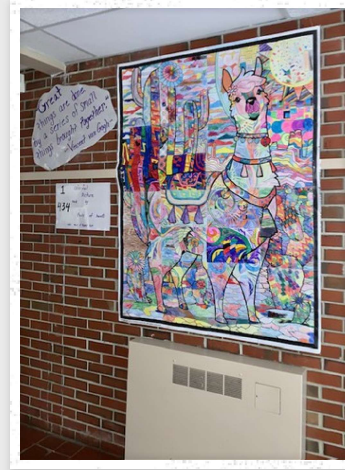
**FISH (Families In Separate Homes)** - This group is intended for students who need support in dealing with issues regarding families living in separate homes for a variety of reasons, such as divorce, separation, family transitions, etc.

If you feel your child could benefit from participating in one of these groups, please send me an email - [kmedvin@chatham-nj.org](mailto:kmedvin@chatham-nj.org).

Please let me know if you have any questions.

Kelly Medvin  
School Counselor

\*The picture attached is the culminating project from the Week of Respect and was made by 434 sets of hands!



## LIBRARY LOWDOWN

Happy Halloween from the SBS Library...

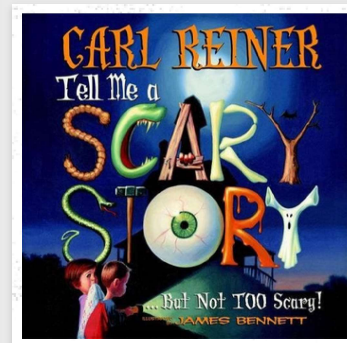
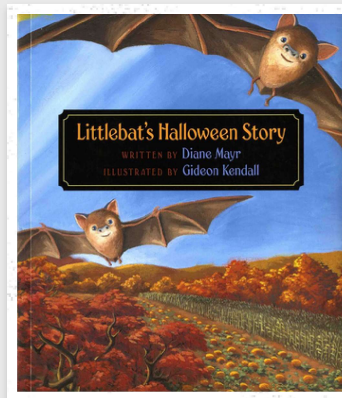
On Friday, we had our annual SBS Halloween puppet show in the library. We performed 4 shows so all students would be able to enjoy this long standing SBS tradition. Zelda, a fictitious SBS student is trapped inside the large wooden pumpkin that once adorned the front lawn of SBS. Zelda encountered quite a few surprises on her journey inside the pumpkin. With the triplet witch sisters Witchie, Grieselda, and Lady Zsa Zsa, as well as other guest puppets, Zelda learns the power of reading.





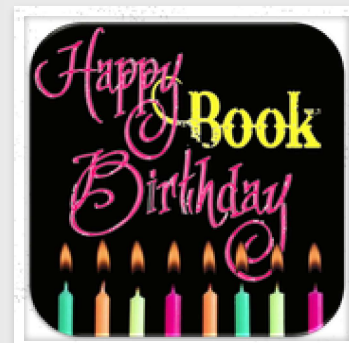
Some of our new Halloween book favorites from our library lessons are below.  
See you on Thursday at our Halloween parade!

Mr. D'Aloia  
Librarian



## BIRTHDAY BOOKS

Commemorate your child's birthday or other special occasion with the donation of a book to the SBS Media Center in his/her honor. Donations will be acknowledged in the Boulevard Beat monthly. [Click here for the form.](#)



# THE DESIGN DEN

Welcome Families, to the Design Den!!

**Kindergarten** - We are learning how to use technology devices safely and how to navigate the applications on our Chromebooks.

*Ask your child how they drag and drop using a trackpad!*

**1st Grade** - We are brainstorming ideas to solve King Sniffer's problem.

*Ask your child to share one of their ideas with you!*

**2nd Grade** - We are brainstorming ideas to solve the Bears' problem!

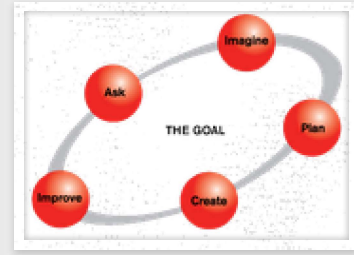
*Ask your child to share one of their ideas with you!*

**3rd Grade** - We are creating our solutions to the problem!

*Ask your child to share their PLAN with you!*

Have A Great November!

Ms. Stojanov (Ms. S)



# MUSIC NOTES

November is a busy month as we prepare the children for the upcoming holiday concerts. During music class, we are focusing on self-expression and teamwork. It is wonderful to see the children get excited about this special event. See below for your child's holiday performance date and time.



Grade 1 - Tuesday, December 17th at 9:30 am

Grade 2 - Wednesday, December 18th at 9:30 am

Grade 3 - Thursday, December 19th at 9:30 am (the third grade concert includes all of grade 3, chorus, and chimes)

Please be sure to add these dates to your calendar. We look forward to seeing you!

Thank you for your support of the music program!

Ms. Roskam

# PTO POSTS

Happy Halloween SBS! October was a busy month that started with Week of Respect and an energetic assembly with Dr. Blake Brandes, a beatboxer and motivational speaker, who taught the children important messages like "I don't quit, that's called grit" and "When I keep going, my brain keeps growing". Thank you to Pamela Ryan, our assemblies coordinator, for her diligence in finding such unique and innovative speakers.

We launched our Fall Mileage Club, thank you to Jean O'Dowd for "running" this program every Wednesday during recess on the upper field track. Our first grade students really enjoyed being first time participants! Miss Militello's class ran the most laps and Mrs. Ciccone's class had the largest number of participants.

Fall Picture Day ran very smoothly under the direction of Cristina Antenen and a large group of dedicated volunteers. We expect many outstanding photos, but if your child was absent or if you are unhappy with the photos, the retake date is November 21st.

We completed our Fall Box Top collection, thank you to Ginny Dorflinger for leading the effort. The class that collected the most Box Tops will be announced soon and they will have an opportunity to choose a prize!

Our monthly Pizza Parlor lunch kicked off in October and will be offered during the first Friday of every month. Thank you to our chair, Heather Foran, for organizing all the volunteers.

It was great to see so many families at Harvest Night, we hope everyone enjoyed themselves! Thank you to Alison Gassert and Lillian Chern, for chairing this committee and hosting such a successful and fun event. This is just the first of many family-friendly events sponsored by the PTO for the SBS community and we look forward to more!

Please mark your November calendars for a few important events:

\*11/12 PTO Meeting: Join us at 9:15 am in the Media Center. Kelly Medvin, our school counselor, will speak about the importance of social and emotional learning and host a Q&A session.

\*11/18 HOPE Week begins: Our SBS week of community service returns, be on the lookout for further information.

We are excited for our annual SBS Halloween parade at 9:30am on the 31st! We appreciate all parent donations of food, crafts and time given to make the classroom parties so much fun for our children.

Happy Halloween and enjoy trick or treating!

Susan Ross  
SBS PTO President 2019-2020

# WEEK OF RESPECT ASSEMBLY WITH DR. BLAKE BRANDES



## BEHIND THE SCENES AT PICTURE DAY



## LIVE MUSIC AT HARVEST NIGHT





[PTO WEBSITE](#)

[SBS WEBSITE](#)

[SBS CALENDAR](#)



# SOUTHERN BOULEVARD SCHOOL

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🌐 [chatham-nj.org/sbs](http://chatham-nj.org/sbs)

